



THE FORT CHRISTIAN PSYCHIATRIC CENTER

DAILY CONFESSION

I set the course of my life today with my words:

I declare today that I will not be defeated, discouraged, depressed, anxious or disappointed today.

I am the head, I have insight, I have wisdom, I have ideas, I have authority.

I exercise my authority today with my words and I decree a thing and it is so.

Greater is He that is in me than he that is in the world (**1 John 4:4**)...the same Spirit that raised Jesus from the dead, lives in me... (**Romans 8:11**)

As I speak words today, they come to pass (**Job 22:28**); they go before me, they bring the things to pass that I desire; and they stop all attacks, assaults, oppression, and fear from coming to my life.

God is on my side today and therefore I cannot be defeated.

His favor surrounds me today as a shield. (**Psalms 5:12**) I expect favor today from heaven and from the earth.

The weapons of my warfare *are* not carnal but mighty in God for pulling down strongholds, (**2 Corinthians 10:4**)

I cast down imaginations and every high thing that exalts itself against the knowledge of God, I bring every thought into captivity to the obedience of Christ. (**2 Corinthians 10:5**)

I have a sound mind. For God has not given me the spirit of fear, but of power, and of love, and of a sound mind. (**2 Timothy 1:7**)

I have the wisdom of God today. I will think the right thoughts, say the right words and make the right decisions in every situation I face today.

My mouth speaks wisdom and my heart is filled with understanding. (**Psalms 49:3**)

I ask for, and receive, an abundant supply of wisdom and understanding today from God (**James 1:5**)...wisdom from above, wisdom that is pure, peaceable, gentle, unwavering, willing to yield, without hypocrisy. (**James 3:17**)

Wisdom and understanding are better than silver and gold and nothing I desire can compare with them; therefore, I make it my ambition and desire to have understanding and wisdom; therefore I know I will have all of the other desires of my heart. (**Proverbs 8:10-11**)

My words go before me in securing my divine health and healing...

I will not be sick today; I will not be sad today; I will not be anxious today; I will not be confused today.

I have health today; I have joy today; I have hope and a future in the name of Jesus.

My steps are ordered by the Lord... **(Psalm 37:23)**

I have a covenant with God and by the blood of Jesus I release my divine protection and divine provision.

My angels are carrying out the Word of God on my behalf...

I receive supernatural strength and encouragement from God and my angels. Angels carry out the Word of God and every word that I speak that lines up with the Word of God is being carried out by angels, even now as I speak. **(Psalm 103:20)**

I expect to have divine appointments today, to run into the right people, and to be delivered from the wrong people.

Any adversity, attack, accidents and tragedies that were headed my way are diverted right now in Jesus' name.

I speak to the raging waters in my life: Peace, be still.

I say to my emotions, peace, be still.

I say to my mind, peace, be still.

I say to my body, peace, be still.

I say to my home, peace, be still.

I say to my family, peace, be still.

Now I speak to:

every mountain of fear,
every mountain of discouragement,
every mountain of stress,
every mountain of depression,
every mountain of anxiety

And I say, "Be removed and cast into the sea in Jesus name!" **(Mark 11:23)**

I expect the best day of my life spiritually, emotionally, relationally and health wise today in **Jesus name, Amen.**