

## CY-BOCS- Parent Report

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_

Please select the option for each question that best describes this child over the past week.

Please answer the next 5 questions about the obsessions or thoughts the child cannot stop thinking about. Obsessions are thoughts, ideas or pictures that keep coming into the child's mind even though he or she does not want them to.

1. How much time does the child spend thinking about these things in a day?

- 0 None
- 1 <1hr/day
- 2 1-3 hrs/day
- 3 3-8 hrs/day
- 4 >8hrs/day

2. How much do these thoughts get in the way of school or doing things with his or her friends?

- 0 Don't get in the way
- 1 Get in the way a little
- 2 Get in the way sometimes
- 3 Get in the way a lot
- 4 Keep him or her from doing everything

3. How much do these thoughts bother or upset the child?

- 0 Don't bother at all
- 1 Bother a little
- 2 Bother some
- 3 Bother a lot
- 4 Bother so much that it is hard to do anything

4. How hard does the child try to resist or ignore the thoughts?

- 0 Always tries to resist
- 1 Tries to resist most of the time
- 2 Tries to resist sometimes
- 3 Usually does not resist but wants to
- 4 Does not try to resist

5. When the child tries to fight the thoughts, can he/she beat or stop them?

- 0 Can always
- 1 Can usually
- 2 Can sometimes
- 3 Does not beat or stop them very often
- 4 Never

Please answer the next 5 questions about the compulsions or habits the child cannot stop doing. Compulsions (habits/rituals) are things that the child feels he/she has to do although he/she may know they do not make sense. Sometimes the child may try to stop from doing them but this might not be possible. The child might feel worried or angry or scared until he/she has finished what he/she has to do (habits/rituals/compulsions).

1. How much time does the child spend doing these things in a day?

- 0 None
- 1 <1hr/day
- 2 1-3hrs/day
- 3 3-8hrs/day
- 4 >8hrs/day

2. How much do these habits get in the way of school or doing things with his/her friends?

- 0 They don't get in the way
- 1 They get in the way a little
- 2 They get in the way sometimes
- 3 They get in the way a lot
- 4 They keep him/her from doing everything

3. How upset would the child feel if he/she could not do his/her habits (rituals/compulsions)?

- 0 Not upset at all
- 1 Would feel a little upset or scared
- 2 Would feel pretty upset or scared
- 3 Would feel very upset or scared
- 4 Would feel as upset or scared as possible

4. How hard does the child try to stop or fight the habits?

- 0 Always tries
- 1 Tries most of the time
- 2 Tries sometimes
- 3 Usually does not try but wants to
- 4 Does not try

5. When the child tries to fight the habits, can he/she beat or stop them?

- 0 Always can
- 1 Usually can
- 2 Sometimes can
- 3 Does not very often
- 4 Never

Obsession Score \_\_\_\_\_

Compulsion Score \_\_\_\_\_

Combined Score \_\_\_\_\_