



Office of Healthcare Systems & Financing
1000 Wilson Boulevard, MS 1825
Arlington VA 22209
800 343 4671 • HSF@psych.org
Irvin L. Muszynski, JD, Director

Current Procedural Terminology (CPT)* Code Changes for 2013 Overview

For 2013 there were major changes to the codes in the Psychiatry section of the AMA's Current Procedural Terminology, the codes that must be used for billing and documentation for all insurers. These changes apply to any services that have been provided since January 1, 2013.

- There is now a distinction between an initial evaluation done by a physician (90792), which includes medical work, and an initial evaluation done by a non-physician (90791).
- The psychotherapy codes were simplified and expanded to include time with both the patient and/or family member: There are now just three timed codes to be used for psychotherapy in all settings (90832- 30 minutes; 90834-45 minutes; 90837- 60 minutes) instead of a distinction made by setting and whether E/M services were provided. When psychotherapy is done in the same encounter as an E/M service, there are timed add-on codes for psychotherapy (indicated in CPT by the + symbol) that are to be used by psychiatrists to indicate both services were provided (90833 -30 minutes, 90836 - 45 minutes, 90838 – 60 minutes).
- The time for each psychotherapy code is now described as being as time spent with the patient *and/or family member*, a change from the previous psychotherapy code times, which denoted only time spent face-to-face with the patient.

Note: Since the new psychotherapy codes are not for a range of time, like the old ones, but for a specific time, the CPT "time rule" applies. This means that codes 90832 and 90833, the stand-alone and add-on codes for 30 minutes of psychotherapy, may be used for between 16 and 37 minutes of psychotherapy. For 38 to 52 minutes of psychotherapy, you would use the 45-minute code, either 90834 or 90836; and for 53 minutes and beyond, you would use 90837 or 90838, the 60-minute codes.

- In lieu of the separate codes for interactive psychotherapy, there is now an add-on code for interactive complexity, which may be used when the patient encounter is made more complex by the need to involve people other than the patient (90785). This add-on can be used with initial evaluation codes (90791 and 90792), with the psychotherapy codes, with the non-family group psychotherapy code (90853), and with the E/M codes when they're used in conjunction with psychotherapy services.

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Although it is expected this code will be used most frequently in the treatment of children, it can be used any time the interaction with the patient and/or family member is more complex than normal or when other parties must be involved. The CPT manual includes specific guidelines as to what constitutes interactive complexity that should be understood before this add-on code is used. Documentation must clearly indicate exactly what that complexity was.

- Another change is that a new code has been added for psychotherapy for a patient in crisis (90839). When a crisis encounter goes an additional 30 minutes beyond the initial 60 minutes there is an add-on code Y for each additional 30 minutes (90840). This code was developed at the behest of the National Association of Social Workers, and it is expected that psychiatrists will generally use a high level E/M code when providing care for a patient in crisis. The CPT manual has guidelines as to what constitutes a crisis and permits the use of this code.
- Code 90862 has been eliminated, and psychiatrists will now use the appropriate evaluation and management (E/M) code when they do pharmacologic management for a patient. When psychotherapy is done during the same session as the pharmacologic management, one of the new psychotherapy add-on codes should be used along with the E/M code. (A new code, add-on code 90863, was created for medication management when done with psychotherapy by the psychologists in New Mexico and Louisiana who are permitted to prescribe, but this code is **not** to be used by psychiatrists or other medical mental health providers).

What is an add-on code? An add-on code is a code that can only be used in conjunction with another, primary code and is indicated by the plus symbol (+) in the CPT manual. While basic CPT codes are valued to account for pre- and post-time, add-on codes are only valued based on intra-service time since the pre- and post-time is accounted for in the primary code. In the new Psychiatry codes there are three different types of add-on codes: 1.) Timed add-on codes to be used to indicate psychotherapy when it is done with medical evaluation and management; 2.) A code to be used when psychotherapy is done that involves interactive complexity (and 3.) A code to be used with the crisis therapy code for each 30 minutes beyond the first hour. See above for details about these add-on codes.

These changes took effect January 1, 2013. We encourage everyone to purchase the 2013 edition of the CPT manual from the AMA, if this hasn't been done already. You can do this by calling the AMA at 800-621-8335 or go to <https://catalog.ama-assn.org/Catalog/home.jsp>.

Questions – Go to www.psychiatry.org/cptcodingchanges, call 800-343-4671 or send an email to hsf@psych.org.

Psychiatry Coding Changes for 2013

List of New Codes

Initial Psychiatric Evaluation (formerly 90801 or new patient E/M code)
90791, Psychiatric diagnostic evaluation (no medical services)
90792, Psychiatric diagnostic evaluation (with medical services) (New patient E/M codes may be used in lieu of 90792)
Psychotherapy (formerly 90804-90808, 90816-90821) For use in all settings; time is with patient and/or family)
90832, psychotherapy, 30 minutes (may be used for 16-37 minutes)
90834, psychotherapy, 45 minutes (may be used for 38-52 minutes)
90837, psychotherapy, 60 minutes (may be used for 53 + minutes)
Evaluation Management (E/M) and Psychotherapy (formerly 90805-90809, 90817-90822)
Appropriate E/M code (not selected on basis of time), and 90833, 30-minute psychotherapy add-on code (may be used for 16-37 minutes)
Appropriate E/M code (not selected on basis of time), and 90836, 45-minute psychotherapy add-on code (may be used for 38-52 minutes)
Appropriate E/M code (not selected on basis of time), and 90838, 60-minute psychotherapy add-on code (may be used for 53 + minutes)
Medication Management (formerly 90862 or E/M code)
Appropriate E/M code (99xxx series)
Interactive Psychotherapy (formerly 90802, 90810-90815, 90823-90829, 90857) For use with the psychiatric evaluation codes, the psychotherapy and psychotherapy add-on codes, and the group (non-family) psychotherapy code
90785, interactive psychotherapy
Crisis Psychotherapy (new)
90839 psychotherapy for crisis, first 60 minute (appropriate E/M code may be used in lieu of 90839) 90840, psychotherapy for crisis, add-on code for each additional 30 minutes