

When we think about making a change, it's sometimes hard to see all sides. We may ignore things we feel are too hard to do. Use this form to help you think about your choices. Pick a behavior that you might consider changing and look at the pros and cons of doing things differently. Remember, NOTHING is too hard for God. You CAN do ALL things through Christ, Who gives you strength. (Philippians 4:13)

<p style="text-align: center;">Benefits of NO Change (Reasons why it would be good for things to stay the same)</p> <ol style="list-style-type: none"> 1. 2. 3. 4. 5. 6. 7. 8. 	<p style="text-align: center;">Costs of NO Change (Reasons why it would be hard for things to stay the same)</p> <ol style="list-style-type: none"> 1. 2. 3. 4. 5. 6. 7. 8.
<p style="text-align: center;">Benefits of Change (Reasons why it would be good for things to change)</p> <ol style="list-style-type: none"> 1. 2. 3. 4. 5. 6. 7. 8. 	<p style="text-align: center;">Costs of Change (Reasons why it would be hard for things to change)</p> <ol style="list-style-type: none"> 1. 2. 3. 4. 5. 6. 7. 8.